



# I think my child is stuttering? Is this normal? What can I do?

Stuttering is the interruption to the rhythm or flow of speech. It can sound like repetitions of sounds or words, stretched out words, periods of silence and getting 'stuck' on a word or using lots of 'filler words' like "um" and "ah". Stuttering usually appears in preschool but can affect children and adults of all ages.

## Will my child stop stuttering?

Many children do stop stuttering by themselves, however if the signs of stuttering continue for longer than a month, it is important to visit a Speech Pathologist for assessment and advice.

## Does therapy work?

Yes! Early identification and treatment is usually very successful. Treatment is most effective a year or two before a child commences school. It is important that intervention begins as early as possible because children can develop negative attitudes about their stuttering or face social difficulties as a result.

## Does therapy work?

Yes! Early intervention is the key. It is important that intervention begins as early as possible.

If you think your child may be stuttering call us today for your initial consultation to discuss your child's needs.

Providing quality services in the  
Hunter Region from multiple locations  
and online.

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